# Suggested Packing List

### **CLOTHING**

10 undergarments

10 pairs socks

4 sets of comfortable sleepwear

10 short-sleeve shirts

3 long-sleeve shirts

2 sweaters or sweatshirts

7 pairs of shorts

2 pairs of jeans or long pants

3 bathing suits

(1 piece suit or tankini)

1 lightweight polar fleece or jacket

1 heavyweight jacket (if your child gets cold)

1 waterproof raincoat or poncho

1-2 dressier outfits

1 hat

# **FOOTWEAR**

1 pair sandals or flip-flops

2 pairs of sneakers

1 pair of rainy day footwear

### LINENS

2 blankets

1 pillow and 2 pillowcases

2 sets of sheets (twin size)

4 bath and 2 hand towels

2 beach towels

### TOILETRIES\*

plastic shower caddy toothbrush, toothpaste & cup

soap and soap dish

shampoo

deodorant

comb or brush

nail care kit

sunscreen

bug repellent

## OTHER IMPORTANT THINGS

pens and pencils
stationery and stamps
flashlight and batteries
plain white T-shirts for decorating
2 refillable water bottles
mini clip-on fan
small extension cord
small backpack for day trips

### ITEMS TO CONSIDER

these are in no way required, but are often asked for by campers

1 set of extra eyeglasses

1 pair of athletic field cleats

favorite stuffed animal or blanket

musical instrument

camera and film

card games, books

sleeping bag

fishing equipment

baseball glove

tennis racket

lacrosse stick

MP3 player

no iPhones, iPads, iTouches or nooks, Kindle

paper white is ok

# CHALLENGE (campers finishing 8-10 grades)

good quality, broken-in hiking boots
lightweight, waterproof raincoat
lightweight sleeping bag
2 canteens or water bottles
school-style backpack with side pockets for
water bottles
plastic or metal bowl
metal spoon
plastic drinking cup

<sup>\*</sup>please note that all toiletries must be free of nut (eg. almond, shea, argan, etc) and sesame oils