

# Suggested Packing List

## CLOTHING

10 undergarments  
10 pairs socks  
4 sets of comfortable sleepwear  
10 short-sleeve shirts  
3 long-sleeve shirts  
2 sweaters or sweatshirts  
7 pairs of shorts  
2 pairs of jeans or long pants  
3 bathing suits  
(1 piece suits are required for swim group)  
1 lightweight polar fleece or jacket  
1 heavyweight jacket (if your child gets cold)  
1 waterproof raincoat or poncho  
1-2 dressier outfits  
1 hat

## FOOTWEAR

1 pair sandals or flip-flops  
2 pairs of sneakers  
1 pair of rainy day footwear

## LINENS

2 blankets  
1 pillow and 2 pillowcases  
2 sets of sheets (twin size)  
4 bath and 2 hand towels  
2 beach towels

## TOILETRIES\*

toothbrush, toothpaste & cup  
soap and soap dish  
shampoo  
deodorant  
comb or brush  
nail care kit  
sunscreen  
bug repellent

## OTHER IMPORTANT THINGS

pens and pencils  
stationary and stamps  
flashlight and batteries  
plain white T-shirts for decorating  
2 refillable water bottles  
mini clip-on fan  
small extension cord  
small backpack for day trips

## ITEMS TO CONSIDER

these are in no way required, but are often asked for by campers

1 set of extra eyeglasses  
1 pair of athletic field cleats  
favorite stuffed animal or blanket  
musical instrument  
camera and film  
card games, books  
sleeping bag  
fishing equipment  
baseball glove  
tennis racket  
lacrosse stick  
MP3 player  
no iPhones, iPads, iTouches or nooks, Kindle  
paper white is ok

## CHALLENGE (campers finishing 7-9 grades)

good quality, broken-in hiking boots  
lightweight, waterproof raincoat  
lightweight sleeping bag  
2 canteens or water bottles  
school-style backpack with side pockets for water bottles  
plastic or metal bowl  
metal spoon

\*please note that all toiletries must be free of nut (eg. coconut, almond, shea, argan, etc) and sesame